

August: Issue #5

Playtime's Guide to Activities Families Can Do Together!



We hope you are continuing to stay safe and healthy during this time of social distancing. And we hope you enjoy these stress-reducing games and cool resources in this latest issue.

1. I Want to Learn ... A Back to School Activity.

Talk with your child about the upcoming school year. Ask them to draw or write what they want to learn for the year. Keep what they create and use it as a go-to to keep them motivated throughout the school year.

3. The Song Game. Have your child choose a random word. Make a song about that word and encourage them to do the same. The only winner in this game is creativity! Go back and forth as long as you can.

2. What Am I? Choose a theme, for example, back-to-school, park, animals, etc. Each player thinks of an item in the chosen category for the other player(s) to guess. Give three hints for the item you're thinking about. If no one guesses, share it out and go to the next person. If a player guesses the item correctly, it's their turn next.

4. Brain Power. Open a random photo generator on your phone, tablet, or laptop to show your child a picture (e.g., <https://randomwordgenerator.com/picture.php>).
Option 1: Ask your child to tell you what they see.
Option 2: Ask your child to tell you a story about the picture.
Option 3: Have a drawing contest and see who can most closely recreate the picture.

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Poetry Corner

In the Land of Words

by Eloise Greenfield

*In the land
of words,
I stand as still
as a tree,
and let the words
rain down on me.
Come, rain, bring
your knowledge and your*

*music. Sing
while I grow green
and full.
I'll stand as still
as a tree,
and let your blessings
fall on me.*

Free, Educational Apps for Kids (that can be played on your phone)

Apps for Learning 2+	Move Your Body Indoors!	App for Learning 6+
<p>Fish School Fish School exposes your preschooler to important concepts like letters, numbers, shapes, colors, matching, and more. Brightly colored schools of fish form letters, shapes, and the numbers 1–20, and your child can make the fish swim and do funny things with a simple touch and drag. Ages: 2+</p>	<div data-bbox="787 241 878 331" data-label="Image"> </div> <p>The Nike Training App has family workouts. The premium workouts are free and fun. Check it out! https://www.nike.com/ntc-app</p> <p>Check out D.C.'s own workout channel for children: https://flattenthecurvefitnesskids.splashthat.com/</p>	<p>Poptropica</p> <p>This free story-based game allows kids to customize their own characters, complete quests and play with friends in a safe environment. Kids love creating their avatars and finishing quests for prizes. Ages: 6-12</p>
<p style="text-align: center;"><u>NEW PARTNERSHIP ALERT</u></p> <p>Playtime is proud to announce its partnership with the DC Mutual Aid Network. Together we will work to address various needs of our families, including clothing, groceries, and cleaning supplies. If your family is in need of any of the above items, join the group on Facebook and put in your requests. Please note: not all requests will be able to be fulfilled. https://www.facebook.com/groups/492881801379594</p>		<p style="text-align: center;"><u>Food Resources</u></p> <ul style="list-style-type: none"> • Produce Plus Direct will run through September 30, 2020. D.C. residents can enroll by calling (202) 888-4834. • Learn more about DC Greens by visiting dcgreens.org/customers. • SNAP Online Purchasing via Amazon. You can order groceries with your EBT card via the link below. https://www.amazon.com/snap/register/login
<p style="text-align: center;">Free Pack N' Plays (Safe Sleep Education) for our Playtime moms with infants (Call to set up an appointment at any of these locations.)</p> <p style="text-align: center;">CentroNia (Habla español) Ward 1 (202) 332-4200</p> <p style="text-align: center;">The Northwest Center (Habla español), Ward 1-8 (202) 483-7008</p> <p style="text-align: center;">East River Family Strengthening Collaborative, Ward 7 (202) 397-7300</p> <p style="text-align: center;">Far Southeast Family Strengthening Collaborative, Ward 8 (202) 889-1425</p>		<p style="text-align: center;">BACK-TO-SCHOOL</p> <p>Have you completed the DCPS tech survey to make sure your children have computers? Visit dcps.tech/survey. You can also report your device or internet needs by calling your child's school directly or by calling DCPS at (202) 442-5885.</p> <p style="text-align: center;">Need Transportation Assistance? Transportation support to medical appointments and grocery stores. Free taxi service up to \$20: https://dfhv.dc.gov/page/taxi-rail-t2r</p>

If you've found this guide helpful or have ideas for future editions, please contact us at: info@playtimeproject.org



Stay safe and healthy and please ask for help when you need it!

Playtime Helps Children Rise

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